

# ***LAKE CUMBERLAND AREA FIREFIGHTERS ASSOCIATION***

**2022**

***Lake Cumberland Fire School***

***April 22-24***

*Hal Rogers Fire Training Center  
180 Oak Leaf Ln  
Somerset, KY*

Sponsored by:

Lake Cumberland Firefighters Association

State Fire Rescue Training, District 14



## **2022 Lake Cumberland Fire School**

### **Schedule of Events**

#### **Friday, April 22<sup>nd</sup>, 2022**

5:00 pm                      Registration Opens

6:00 pm                      Friday Evening Classes Begin

#### **Saturday, April 23<sup>rd</sup>, 2022**

8:00 am                      Registration Begins – Hal Rogers Training Center

9:00 am – 5:00 pm        Classes in Session

#### **Sunday, April 24<sup>th</sup>, 2022**

8:00 am                      Registration Begins – Hal Rogers Training Center

9:00 am – 5:00 pm        Classes in Session

***Lunch will be provided by the Lake Cumberland Area Firefighters Association on both Saturday and Sunday.***



## LAKE CUMBERLAND AREA FIREFIGHTER'S ASSOCIATION

Adair—Casey—Clinton—Cumberland—Green—McCreary—Pulaski—Russell—Taylor—Wayne

### Classes

#### 1. **Vehicle Extrication** (*Saturday & Sunday*)

*This class will be a fast paced hands-on course that will cover several different real life extrication and stabilization scenarios.*

*Turnout gear/extrication suit, fire helmet/hardhat, eye protection, gloves and steel toed boots required.*

#### 2. **Firefighter Survival** (*Saturday*)

*This class will show different techniques a firefighter can use when the primary escape route has become blocked or if caught in a rapidly deteriorating situation.*

*Full PPE and SCBA required.*

#### 3. **Firefighter Rescue** (*Sunday*)

*This class will show different ways to remove a trapped or unconscious firefighter who has become a victim themselves.*

*Full PPE and SCBA required.*

#### 4. **Hard-to-Get Hours I** (*Saturday*)

*This class will cover hours that are hard to find, including Emergency & Disaster Planning-2hrs; Fire Protection Systems-3hrs; Fire Behavior(with Max Fire Box)-3hrs*

#### 5. **Hard-to-Get Hours II** (*Sunday*)

*Sunday: Aircraft-3hrs; Loss Control-3hrs; Foam Fire Streams-2hrs*

#### 6. **Pumper Operations** (*Saturday & Sunday*)

*This course will cover various aspects of the operations of fire pumps, utilizing both classroom and hands-on learning. Many different facets will be covered for both urban and rural pumping operations.*

## **7. Flashover Recognition & Survival (Saturday)**

*The purpose of this course is to provide Kentucky's Fire Service with a safe and secure system of flashover recognition and survival training, which is aimed at saving firefighters from death and injury. Recognition of an impending flashover and techniques that may provide time to escape is discussed in this class.*

*Full PPE and SCBA is required. All turnout gear will be inspected and cannot be 10 years old prior to participating in live fire training. LIVE FIRE Course Competency Validation Form must be filled out & returned.*

## **8. Working Under Fire Conditions (Sunday)**

*This is a LIVE FIRE course that will cover many of the tasks that are required on the fire ground. Forcible Entry, Loss Control, Ventilation & Hose Handling are just a few of the skills that students will be performing during this class while encountering both 1-story and below grade fires.*

*Full PPE and SCBA w/ spare cylinder is required. All turnout gear will be inspected and cannot be 10 years old prior to participating in live fire training. LIVE FIRE Course Competency Validation Form must be filled out & returned.*

## **9. Instructor Methodology Update (Friday evening)**

*This class meets the requirements set forth by the Kentucky Fire Commission for instructor biannual re-certification.*

## **10. Wildland Awareness (Friday evening)**

*This course is the Fire Commission's mandatory 4-hour instruction on wildland firefighting. The course will cover the minimum training required for certification as a firefighter in Kentucky.*

## **REGISTRATION**

**Lake Cumberland Fire School Registration is ONLINE!!**

Visit the registration website at

<https://www.eventbrite.com/e/lake-cumberland-fire-school-registration-97443232331>

Or follow the link on the Area 14 and Lake Cumberland Firefighters Association Facebook pages.

For those who choose to register online and pay by check instead of Credit Card,

Mail Check to: Lake Cumberland Area Firefighters Assoc  
PO Box 412  
Nancy, KY 42544

Make check/money order payable to: (LCAFFA) Lake Cumberland Area FF Association

Registration Fee: \$20 per person

**\$25 per person for all registrations paid at the school**

LIVE FIRE Forms and Junior Firefighter Forms should be sent to the District 14 office by April 20<sup>th</sup>. They can be emailed to [area14@kctcs.edu](mailto:area14@kctcs.edu) .

**There is no registration required for the two Friday night classes; Wildland and Instructor Methodology.**

For further information, contact the District 14 office at:

Phone: 606-676-2711

[area14@kctcs.edu](mailto:area14@kctcs.edu)

# Live Fire Course Competency Validation/Fitness for Duty Form

## Required for all students before participating in SFRT Live Fire Training

NFPA 1403 (2018 Edition) 4.3.1 - 4.3.3 require that all participants must have prior training and meet prerequisites in certain subjects before participating in live fire training. These minimum subjects include:

1) Safety; 2) Fire Behavior; 3) Portable Extinguishers; 4) Personal Protective Equipment & SCBA; 5) Ladders; 6) Fire Hose, Appliances, and Streams; 7) Overhaul; 8) Water Supply; 9) Ventilation; 10) Forcible Entry; 11) Building Construction. Specific prerequisite training must also be met in these areas: Fire Dynamics; Health and Safety; Fundamentals of Fire Behavior; Fire Development in Compartments; Nozzle Techniques and Door Control.

The Chief Officer of \_\_\_\_\_ Fire Department authorizes that \_\_\_\_\_ completed the minimum training/prerequisites and may participate in the live fire training evolutions present by SFRT.

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NFPA 1403 (2018 Edition) 4.4.1 requires that all participants must be rehabbed in accordance with NFPA 1584, Chapter 6. Before being released from the rehab area to participate in a State Fire Rescue Training live fire training evolution, normal conditions are considered to consist of: heart rate of 60-100; respiratory rate of 12-20; systolic blood pressure less than 160; diastolic blood pressure of less than 100; pulse oximetry of 95% or greater. Participants are encouraged to periodically check their vital signs and seek appropriate medical attention for abnormal signs/symptoms.

Baseline Vital Signs (This must be completed prior to participating in live fire training):

Date: \_\_\_\_\_ Time: \_\_\_\_\_ Heart Rate: \_\_\_\_\_ Respiratory Rate: \_\_\_\_\_

Blood Pressure: \_\_\_\_\_ Pulse Ox: \_\_\_\_\_ Obtained by (Name): \_\_\_\_\_

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**Participants must be a member of a Fire Department, Industrial Fire Brigade or Junior Firefighter program (Ages 15-17) that is recognized by the Kentucky Fire Commission to participate in live fire training delivered by State Fire Rescue Training. ID's will be checked by SFRT instructors before allowing students to participate in live fire training and some evolutions/activities are restricted for 15-17 year old Junior Firefighters (See current Junior Firefighter Guidelines on KY Fire Commission website.) All turnout gear must be less than 10 years of age. Per NFPA 1403 (2018 Edition) A4.9.5 it is recommended that all participants wear full-length clothing made of natural fibers or fire-retardant materials under their personal protective equipment during live fire evolutions.**

Facepiece seal protection: SFRT requires that all students must be compliant with OSHA 29 CFR 1910.134:

“[1910.134\(g\)\(1\)\(i\)](#) -The employer shall not permit respirators with tight-fitting facepieces to be worn by employees who have: [1910.134\(g\)\(1\)\(i\)\(A\)](#) - Facial hair that comes between the sealing surface of the facepiece and the face or that interferes with valve function;” (hair growth between the skin and the facepiece sealing surface, such as stubble beard growth, beard, mustache or sideburns which cross the respirator sealing surface).

Signature of Chief Officer: \_\_\_\_\_

Signature of Student: \_\_\_\_\_

***This form must accompany any registration form for live fire training courses.***

***(DUPLICATE AS NEEDED)***

Revised August 2020

# JUNIOR FIREFIGHTER PERMISSION FORM

Lake Cumberland Firefighters Association Fire School Policy: This form must be submitted for all **EXPLORER/ Junior FF's UNDER 18 YEARS OF AGE**. In addition, there is a **zero tolerance policy** for any person exhibiting disruptive or disrespectful behavior. In the event of an incident, the parents (guardian) and the fire chief of the student will be contacted.

Student Name: \_\_\_\_\_

Date of Birth: \_\_\_\_\_

Name of Class(es): \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_

\*Students enrolling in Driver's Training must send a copy of their Driver's License with this form.

## STATEMENT OF PARENTAL CONSENT

I, \_\_\_\_\_, as parent or legal guardian of the above named student, do hereby give permission for my son or daughter to participate in the course(s) listed above. I understand that some classes require a certain level of skill/experience and ability and that by signing this form, I attest that I have evaluated my dependent's ability to perform in the above named class(es) and I believe that my dependent is capable of performing such tasks. My signature also acknowledges that I have read the Lake Cumberland Firefighters Association Fire School's **Zero Tolerance Policy** concerning disruptive or disrespectful behavior (above) and I understand that my son or daughter will be removed from class if found to be in violation of this policy.

X \_\_\_\_\_ Relationship to Student: \_\_\_\_\_  
Signature of Parent or Guardian (Not valid without signature)

X \_\_\_\_\_  
Signature of Fire Chief or Advisor (Not valid without signature)

## Emergency Contact Info:

Parent/Guardian:

Name: \_\_\_\_\_

Phone Number: \_\_\_\_\_

Fire Chief/Advisor:

Name: \_\_\_\_\_

Fire Dept. Name: \_\_\_\_\_

Phone Number: \_\_\_\_\_