



August 26, 27, 28, 2022

Perry County Central High School
305 Park Avenue
Hazard, KY 41701

All Classes Are Free of Charge



**MOUNTAIN FIREFIGHTERS ASSOCIATION
HAZARD FIRE SCHOOL
COURSE LISTINGS**

CLASS	HOURS	Aug. 26 FRI.	Aug. 27 SAT.	Aug. 28 SUN.
<i>(1) EMT Continuing Education</i>	24	X	X	X
<i>(2) KY Wildland Awareness</i>	4	X		
<i>(3) Instructor Methodology Update</i>	4	X		
<i>(4) Suicide Awareness & PTSD</i>	4	X		
<i>(5) Active Shooter/Hostile Events</i>	4		X	
<i>(6) Opioid Emergencies</i>	4		X	
<i>(7) Pump Operations & Water Supply</i>	16		X	X
<i>(8) Basic FF Skills</i>	16		X	X
<i>(9) Firefighter Survival</i>	8		X	
<i>(10) Firefighter Rescue</i>	8			X
<i>(11) Rope Rescue</i>	16		X	X
<i>(12) Auto Extrication/Advanced Auto Extrication</i>	16		X	X
<i>(13) Advanced Fireground Operations</i>	16		X	X
<i>(14) Machinery Rescue</i>	16		X	X

“Once we decide to stop learning, it’s time to leave the fire service.”

-David Soler-Firefighter Preplan
FirefighterToolbox.com



COURSE LISTINGS

1. EMT CONTINUING EDUCATION – 24 HOURS FRIDAY, SATURDAY, & SUNDAY

This is a three-day course taught on Friday, Saturday, and Sunday that will cover all training requirements as set forth by the Kentucky Board of Emergency Medical Services (KBEMS) and the National Registry of EMT's for the 24-hour EMT Refresher Class/NCCP and incorporate both lecture and practical experience, including competency testing.

Equipment needed: None

Prerequisites: EMT certification

Open to Ages 18+

Friday – Noon – 8:00 p.m.

Saturday – 8:30 a.m. – 5:00 p.m.

Sunday – 8:30 a.m. – 5:00 p.m.

2. KY WILDLAND AWARENESS – 4 HOURS FRIDAY EVENING

This course will run from 6-10 pm on Friday evening. This is the Kentucky Fire Commission's mandatory 4-hour introduction to Wildland firefighting. It covers the minimum training required for certification as a firefighter in Kentucky.

Equipment needed: None

Prerequisites: None

Open to Ages 15+

Friday – 6:00 p.m. – 10:00 p.m.

3. INSTRUCTOR METHODOLOGY UPDATE – 4 HOURS FRIDAY EVENING

This class is designed for company officers and other fire or rescue service personnel with the responsibility of conducting periodic company level or small unit training, introducing the participant to basic instructional concepts and techniques. Emphasis is on teaching principles and techniques applicable to fire and rescue service training and includes effective communication, teaching from lesson plans, methods of instruction, with emphasis on skills training, and adult learning. This session will focus on current technologies available to enhance your presentation. This course meets one of the requirements for newly announced Fire Service Instructor recertification as published in 739 Kentucky Administrative

Regulation (KAR) 2:060. For additional information regarding recertification, please contact your local SFRT district office.

Equipment needed: None

Prerequisites: Instructor

Open to Ages 18+

Friday 6:00 p.m. – 10:00 p.m.

4. SUICIDE AWARENESS & PTSD/SILENT MAYDAY – 4 HOURS FRIDAY EVENING

The fire service has long been about helping others; these days more than ever, that includes fellow firefighters. The Silent Mayday is a Strategy and Tactics Course for Fire Service Suicide Intervention and Prevention. This class will discuss suicide prevention, awareness training and intervention techniques for use among first responder personnel and their families. Students will come away with the ability to understand the stress, pressure, and culture in fire service that can lead to suicidal ideation. Topics include how to develop strategies to train fire service personnel in suicide prevention, recognize the importance of establishing department policy and procedures related to suicide prevention and post-reaction, how to convey the importance of all the above during future fire service suicide prevention training, identify behaviors and communication and understand, identify, prevent, and limit effects of Post-Traumatic Stress Disorder (PTSD).

Equipment needed: None

Prerequisites: None

Open to Ages 15+

Friday – 6:00 p.m. – 10:00 p.m.

5. ACTIVE SHOOTER/HOSTILE EVENTS – 4 HOURS SATURDAY MORNING

Fire Departments are increasingly called upon to assist in complex and large Criminal Mass Casualty Incidents (C-MCI). These events are unpredictable and progress quickly, leaving first responders in a position of need for training to address responses to these unique situations. C-MCI have led to specific recommendations and guidelines for emergency response personnel to improve functionality and interoperability between Fire/EMS and law enforcement agencies. The Kentucky Fire Commission invites you to engage in awareness level training for better management of pre-incident planning and how to best mitigate casualties in a C-MCI situation.

Equipment needed: None

Prerequisites: None

Open to Ages 15+

Saturday – 9:00 a.m. – 1:00 p.m.

6. OPIOID EMERGENCIES – 4 HOURS SATURDAY AFTERNOON

Participants will gain an awareness of common issues surrounding incidents involving opioids which will ultimately allow for safer responses and better patient outcomes. Topics include recognition of various

types of opioids, common uses, and associated risks; common methods of administering opioid antagonists; safe work practices and emergency decontamination.

Equipment needed: None

Prerequisites: None

Open to Ages 15+

Saturday – 1:00 p.m. – 5:00 p.m.

7. PUMP OPERATIONS & WATER SUPPLY – 16 HOURS SATURDAY & SUNDAY

This class will allow the firefighter to learn competency in the performance requirements necessary to perform the duties of a pumper operator. Basic preventive maintenance, pump operations, hydraulic calculations, relay pumping, and drafting will all be covered. Students will execute these skills through hands on training in both simulation and real-life training through hydrants and static water sources.

Equipment needed: Fire or rescue helmet & gloves

Prerequisites: None

Open to Ages 18+

Saturday – 8:30 a.m. – 5:00 p.m.

Sunday – 8:30 a.m. – 5:00 p.m.

8. BASIC FIREFIGHTING SKILLS – 16 HOURS SATURDAY & SUNDAY

This is a two-day class with both classroom and hands-on learning. Students will cover Fire Behavior, (Max Firebox), Ventilation, (King prop), Forcible Entry, (Forcible Entry prop), Ladders, and Search & Rescue. Classes are broken into 3-hour segments which meets the 150-hour certification requirements.

Equipment needed: Full PPE, including SCBA and a spare bottle

Prerequisites: Permission form for Explorer/Jr. Firefighters

Open to Ages 15+

Saturday – 8:30 a.m. – 5:00 p.m.

Sunday – 8:30 a.m. – 5:00 p.m.

9. FIREFIGHTER SURVIVAL – 8 HOURS SATURDAY

This class will emphasize removal of trapped or unconscious firefighters from a burning building and self-rescue techniques when the primary escape route is blocked. ***This is a required course for all new firefighters effective 7/1/2000.***

Equipment needed: Full turnout gear, including SCBA and a spare bottle

Prerequisites: Permission form for Explorer/Jr. Firefighters

Open to Ages 15+

Saturday – 8:30 a.m. – 5:00 p.m.

10. FIREFIGHTER RESCUE - 8 HOURS SUNDAY

This class is designed to teach the firefighter how to rescue victims from a burning structure. Special techniques are used for rescue. This course will test your skills to the limit. *This is a required course for all new firefighters effective 7/1/2001. The student must have taken the FF Survival Course before taking the FF Rescue Course.*

Equipment needed: Full turnout gear, including SCBA and a spare bottle

Prerequisites: Permission form for Explorer/Jr. Firefighters

Open to Ages 15+

Sunday – 8:30 a.m. – 5:00 p.m.

11. ROPE RESCUE – 16 HOURS SATURDAY & SUNDAY

This class will start at the beginning and will cover basic, intermediate, and advanced rope rescue techniques as required to meet NFPA 1006. Students should be physically capable of performing and demonstrating the skills required for meeting NFPA 1006 and capable of working in the low and high angle environment.

Equipment needed: Leather form fitting/snig gloves, leather lace-up boots, and a rescue or fire helmet with chin strap. Personal gear may be used but must pass instructor inspection.

Prerequisites: None

Open to Ages 18+

Saturday – 8:30 a.m. – 5:00 p.m.

Sunday – 8:30 a.m. – 5:00 p.m.

12. AUTO EXTRICATION/ADVANCED AUTO EXTRICATION – 16 HOURS SATURDAY & SUNDAY

This class is designed for the first-time user as well as those that want to become proficient with vehicle extrication tools. It will cover the operation, planning, and safety issues that are required for auto extrication. The advanced sixteen (16) hour class is for the students that have a good working knowledge of extrication tools and techniques. The student will be challenged with a recreated over-ride collision involving two school buses with extreme stabilization issues requiring the use of a heavy wrecker and ladder truck for operations. Students will work with stabilization and extrication from passenger vehicles suspended on guide wires. We will also have many more challenging scenarios. The class will end Sunday with a multiple vehicle highway pile up scenario. This class is MORE TOOLS/TACTICS AND LESS TALK and in each scenario, the instructors will give you a short safety briefing on what you are facing then set up the parameters of the scenario and allow the students to go to work. There will be heavy wreckers on site for use in the class scenarios.

Equipment needed: Full PPE or NFPA approved extrication ensemble and gloves, safety glasses or goggles

Prerequisites: None

Open to Ages 18+

Saturday – 8:30 a.m. – 5:00 p.m.

Sunday – 8:30 a.m. – 5:00 p.m.

13. ADVANCED FIREGROUND OPERATIONS - 16 HOURS SATURDAY & SUNDAY

Advanced Fireground Operations will allow the firefighter to learn “Hands-On” techniques that will be used during fireground incidents. Firefighters will learn Hose line operation/advancing skills, Forcible Entry skills, Vertical Ventilation skills, and Oriented Search skills. Firefighters will then put those skills to use during live fire scenarios using the Fireblast trailer and a Vehicle Fire Prop. This course will offer a great training opportunity for the new firefighter that will learn new skills as well as the firefighter seeking to polish their skills and learn new techniques for fireground operations.

Equipment needed: Full PPE, including SCBA and a spare bottle
Open to Ages 18+

Prerequisites: Clean shaven; mustaches are permitted; a **Live Fire Competency Validation/Fitness for Duty Form** and a **Live Fire Training Release Form** signed by the participating student and by the Chief Officer of your department which states that you have met all the NFPA FF Job Performance requirements **MUST** be completed in full and given to the Lead Instructor prior to participation in this class. These forms are available in this brochure, or you can find them on the QR code provided in this brochure.

Saturday – 8:30 a.m. – 5:00 p.m.

Sunday – 8:30 a.m. – 5:00 p.m.

14. MACHINERY RESCUE - 16 HOURS SATURDAY & SUNDAY

Have you ever received a call for a subject stuck in an HVAC vent, a wedding ring stuck on a finger, or even a motorcycle accident victim impaled on a signpost? The rescuer often finds difficulty in approaching these situations simply because of the unknowns. This class will bring a new perspective to this type of incident. Instructors will provide “out of the box” ways of thinking that are usually not incorporated with normal fire service operations. This different train of thought will help the student develop a framework of techniques and tools that will make this operation smooth and safe. At the end of class, the student will be confident in proper tool choice for these incidents and able to operate with confidence on scene. This class focuses upon “hands-on” training using many different types of cutting tools to complete extrication scenarios.

Equipment needed: Safety glasses, helmet, turnout coat and work gloves

Prerequisites: None

Open to Ages 18+

Saturday – 8:30 a.m. – 5:00 p.m.

Sunday – 8:30 a.m. – 5:00 p.m.



Scan the QR Code for Registration



SCHOOL AND LODGING INFORMATION

- Registration opens at 7:30 a.m. at the Perry County Central High School in the lobby
- Opening ceremonies will begin at 8:00 a.m. in the gymnasium
- Classes begin at 8:30 a.m. Saturday and Sunday
- If less than 10 people are registered for a class, it will be cancelled one week prior to the start of the school. You can check our Facebook page at SFRT District 12 for any class cancellations or call Derrick Hall @ (606) 438-7947.

AREA LODGING

HAMPTON INN & SUITES	(606) 439-0902
HOLIDAY INN	(606) 436-0102
AMERICAN ELITE INN	(606) 436-8888
AMERICA'S BEST VALUE INN	(606) 436-4777
HILLTOP LODGING	(606) 436-0743
COMBS MOTEL	(606) 436-5748

****For more information, contact Mark Hammond @ (606) 923-8309 or Derrick Hall at State Fire Rescue Training District 12, 45 Gorman Hollow Road, Hazard, KY. Office phone (606) 435-6087 or cell phone (606) 438-7947.**

FREE PICNIC

THERE WILL BE A FREE PICNIC ON SATURDAY EVENING AT 6:00 P.M. at the PERRY COUNTY PARK BESIDE THE PERRY COUNTY CENTRAL HIGH SCHOOL.

EVERYONE IS INVITED TO ATTEND.



Junior Firefighter Program Training and Emergency Contact Information

JRFF Name: _____

Class/Subject: _____

Date: _____

Fire School: _____

Fire Department: _____

JRFF Program Coordinator: _____

Please Print

JRFF Program Coordinator Signature: _____

JRFF Program Coordinator Phone #: _____

The Fire Department Junior Firefighter (JRFF) Program Coordinator **SHALL** provide all JRFF's with a Training and Emergency Contact Information Form prior to the JRFF attending classes outside of the JRFF primary department. The information included above is required at a minimum. Fire Departments may collect more information if necessary.

Inform participating Junior Firefighters that they **must keep a copy of this form with them at all times while participating in fire department activities**. Class instructors and/or school/conference leadership may randomly request to see a copy of the form during the conduct of classes and or event. If the participant is unable to provide a copy, the instructor, other department leadership, or conference organizers shall not allow the child to continue participation until the form is produced.

Live Fire Training Release Form

Name: _____ KY Firefighter ID # _____ Department Name: _____

In consideration of the Kentucky Community and Technical College System ("KCTCS") Kentucky Fire Commission State Fire Rescue Training (referred to hereafter as "SFRT") allowing me to participate in this emergency service training class, I represent and agree as follows:

1. **Assumption of Risk.** I understand and acknowledge that the very nature of the training is dangerous and there are certain inherent risks associated with participating in the training, including but not limited to fire-related risks. I understand that the specific risks vary, but that they include injury, loss, or damage to myself or my property, or death, resulting from exposure to fire and unsafe conditions. I understand that efforts will be made by the instructional staff to create a working environment that is as safe as possible, and that the instructional staff will give me careful and prudent instruction in the operation of equipment and how to perform each task. However, I also understand that neither KCTCS nor SFRT – nor their respective boards, officers, agents, or employees – has control over these inherent risks, and that the risks cannot be eliminated completely regardless of the care taken by KCTCS or SFRT. By signing below, I represent that I appreciate the risks. I accept and voluntarily assume all risks that may arise from or in connection with my participation in the training. I understand that I am ultimately responsible for my own safety, and for my actions at all times.

2. **Participation.** I agree to perform only those activities specifically designated for the training, to follow all instructions and directions given to me by the instructional staff, and to adhere to all applicable safety standards. I will not participate in any activity that is not directly related to the training and class function, and I will ask for additional information before I proceed with a training procedure if I am unsure of the procedure or of the instructions and directions given.

3. **Workers' Compensation.** I understand that in order to participate in this training, I must be a member in good standing with a fire department or response agency, and I must be covered by the workers' compensation insurance of that department or agency. By signing this document, I certify that I meet these requirements. I understand that in the event of any accident or injury, any workers' compensation claim must be made under the coverage of my department or agency. In no event will I request workers' compensation coverage from KCTCS or SFRT and either KCTCS or SFRT will be responsible for any accident or injury.

4. **Release and Hold Harmless.** I understand that participating in the training may result in injury, loss, or damage to myself or my property, or death, and neither KCTCS or SFRT – nor their respective boards, officers, agents, or employees – will be responsible or liable for such injury, loss, damage, or death. By signing below, I release, hold harmless, and forever discharge KCTCS or SFRT – and their respective boards, officers, agents, and employees – from any and all claims, causes of action, or demands of every kind by reason of any injury to person or property, or death, arising from or in connection with my participation in this training.

5. **Alcohol and Medications.** I agree and represent that I will not consume alcoholic beverages or any prescription or non-prescription medications or other controlled substances that may impair my judgment or reaction time within the five (5) hours prior to any class, or during class.

6. **Live Fire.** I understand that this training involves live fire, I must have completed certain FF1 and FF2 job performing requirements, as set forth in NFPA 1001 and 1403 directives.

7. **Accident or Injury.** I agree and represent that in the event of any accident or injury, I will report such accident or injury IMMEDIATELY to the instructional staff. I will also report such accident or injury to the administrative officer of my fire department or response agency as soon as is reasonably practicable, but in no event more than 24 hours after the accident or injury.

By signing below, I agree that I have been given sufficient time to read, understand, and ask questions, if any, concerning the nature and scope of this Release. I understand that any breach of the above stated items could result in my immediate dismissal from class.

Signature of Student: _____ Date: _____

Live Fire Course Competency Validation/Fitness for Duty Form

Required for all students before participating in SFRT Live Fire Training

NFPA 1403 (2018 Edition) 4.3.1 - 4.3.3 require that all participants must have prior training and meet prerequisites in certain subjects before participating in live fire training. These minimum subjects include:

1) Safety; 2) Fire Behavior; 3) Portable Extinguishers; 4) Personal Protective Equipment & SCBA; 5) Ladders; 6) Fire Hose, Appliances, and Streams; 7) Overhaul; 8) Water Supply; 9) Ventilation; 10) Forcible Entry; 11) Building Construction. Specific prerequisite training must also be met in these areas: Fire Dynamics; Health and Safety; Fundamentals of Fire Behavior; Fire Development in Compartments; Nozzle Techniques and Door Control.

The Chief Officer of _____ Fire Department authorizes that _____ completed the minimum training/prerequisites and may participate in the live fire training evolutions present by SFRT.

NFPA 1403 (2018 Edition) 4.4.1 requires that all participants must be rehabbed in accordance with NFPA 1584, Chapter 6. Before being released from the rehab area to participate in a State Fire Rescue Training live fire training evolution, normal conditions are considered to consist of: heart rate of 60-100; respiratory rate of 12-20; systolic blood pressure less than 160; diastolic blood pressure of less than 100; pulse oximetry of 95% or greater. Participants are encouraged to periodically check their vital signs and seek appropriate medical attention for abnormal signs/symptoms.

Baseline Vital Signs (This must be completed prior to participating in live fire training):

Date: _____ Time: _____ Heart Rate: _____ Respiratory Rate: _____

Blood Pressure: _____ Pulse Ox: _____ Obtained by (Name): _____

Participants must be a member of a Fire Department, Industrial Fire Brigade or Junior Firefighter program (Ages 15-17) that is recognized by the Kentucky Fire Commission to participate in live fire training delivered by State Fire Rescue Training. ID's will be checked by SFRT instructors before allowing students to participate in live fire training and some evolutions/activities are restricted for 15-17 year old Junior Firefighters (See current Junior Firefighter Guidelines on KY Fire Commission website.) All turnout gear must be less than 10 years of age. Per NFPA 1403 (2018 Edition) A4.9.5 it is recommended that all participants wear full-length clothing made of natural fibers or fire-retardant materials under their personal protective equipment during live fire evolutions.

Facepiece seal protection: SFRT requires that all students must be compliant with OSHA 29 CFR 1910.134: "[1910.134\(g\)\(1\)\(i\)](#) -The employer shall not permit respirators with tight-fitting facepieces to be worn by employees who have: [1910.134\(g\)\(1\)\(i\)\(A\)](#) - Facial hair that comes between the sealing surface of the facepiece and the face or that interferes with valve function;" (hair growth between the skin and the facepiece sealing surface, such as stubble beard growth, beard, mustache or sideburns which cross the respirator sealing surface).

Signature of Chief Officer: _____

Signature of Student: _____

This form must accompany any registration form for live fire training courses.

(DUPLICATE AS NEEDED)

Revised August 2020